



SEED – NEWSLETTER



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SEED

SEED – SCHOOL EMOTIONAL EDUCATION: THE
RIGHT PRACTICAL WAY FOR TEACHERS TO TEACH
EMOTIONAL EDUCATION IN PRIMARY SCHOOLS

CODE: 2023-1-ES01-KA220-SCH-000153546



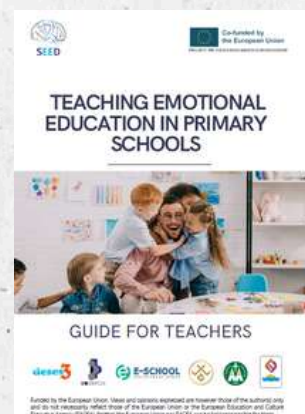
KOCAELİ PROVINCE
İZMİT DISTRICT
WELCOME PACK



- Emotional intelligence (EI) is crucial for children because it equips them with the skills to understand, manage, and express their emotions effectively, while also navigating social interactions. Emotional education fosters better relationships, improved mental health, academic success, effective conflict resolution, future success, and greater self-confidence.

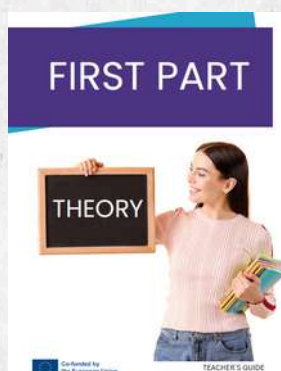
- The objectives of the SEED project are i) To design a methodology that integrates emotional

education tailored to the needs of primary school students; ii) To create a training course for teachers, enabling them to practically apply emotional intelligence in their classrooms; iii) To develop an open online platform to train teachers in the field of emotional intelligence.



- The project partners previously developed a teacher's guide, "Teaching Emotional Education in Primary Schools," comprising both theoretical and practical components. This English-language guide was distributed to the same teachers involved in the focus group to assess

the quality of its content and information. Accompanying the guide, a feedback questionnaire was provided to these teachers to gather their evaluations of the content. Additionally, the project created an online platform to support teachers in implementing emotional education.





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- As an activity of the project, the practices in the teacher's guide were implemented by the partners with students in schools from April to May. After the practices, surveys were applied to 10 teachers from each school and 50 students from each of these schools. Thus, the evaluation of the teacher's guide was made from the perspective of both teachers and students. Teachers were also asked about their thoughts on the online platform developed for the project.

- Regarding all these studies, the transnational project meeting (TPM) of the SEED project was held in Izmit district of Türkiye on May 27, 2025. The activities of the project were evaluated at the meeting. Before the meeting, a short school tour in Izmit Leyla Atakan Primary School was made with the project partners and then the school teachers and project partners came together.

