

SEED

School Emotional Education: The right practical way for teachers to teach emotional education in primary schools

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The right practical way for teachers to teach emotional education in primary schools

The SEED project aims to give the most adequate resources to primary school teachers to allow them to improve the mental well-being of young primary school students through the use of modern, targeted activities and practices of Emotional Education and Emotional Intelligence, also connected to the European Framework “LifeComp.”

PROJECT'S DURATION:

December 2023 – November 2025.

THE PARTNERSHIP

SEED is being implemented by seven (7) partners:

- P1 – DESES 3 Association - Spain
- P2 – Leyla Atakan İlkokulu - Turkey
- P3 – E-SCHOOL EDUCATIONAL GROUP – Greece
- P4 - Prof. Ivan Apostolov Private English Language School – Bulgaria
- P5 - Vilaka Secondary school – Latvia
- P6 - Indepcie SCA – Spain
- P7 - Šiaulių r. Dubysos aukštupio mokykla – Lithuania.

PROJECT'S OBJECTIVES:

- To design a methodology that brings together the concept of emotional education adapted for primary school needs;
- To create a training course, for teachers, to allow them the usage of the emotional intelligence during their classes in a practical way;
- To develop an open online platform to train teachers in the emotional intelligence field.



TARGET GROUPS:

- **DIRECT TARGET GROUP:** primary school teachers, trainers, educational centers.
- **INDIRECT TARGET GROUP:** primary school pupils aged between 6-12 years old.



NEEDS/PROBLEMS ADDRESSED:

- Lack of emotional education in primary schools;
- Lack of methodologies, resources and instruments for teachers to use emotional Intelligence into practice;
- High level of anxiety among young students;
- Lack of support on the students' wellbeing during and after pandemic Covid-19;
- Increased level of violence (bullying) in young people.



MAIN RESULTS:

A methodological guide and good practices: a guide to the methodologies of teaching emotional education in primary schools (theoretical framework and practical proposals), aiming to upskill and give primary school teachers adequate resources to address Emotional Intelligence (EI) and Emotional Education (EE).

The creation of a training plan targeted at primary school teachers on the topic of emotional education. The aim is for the teachers to be able to recognize exclusionary situations in students, detect problems and consequently act to resolve them as quickly and effectively as possible using strategies and activities learned during their training.

The creation of an online platform in the topic of EI and EE, so that teachers may have resources available to use in order to improve their classes based on the needs of pupils.



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